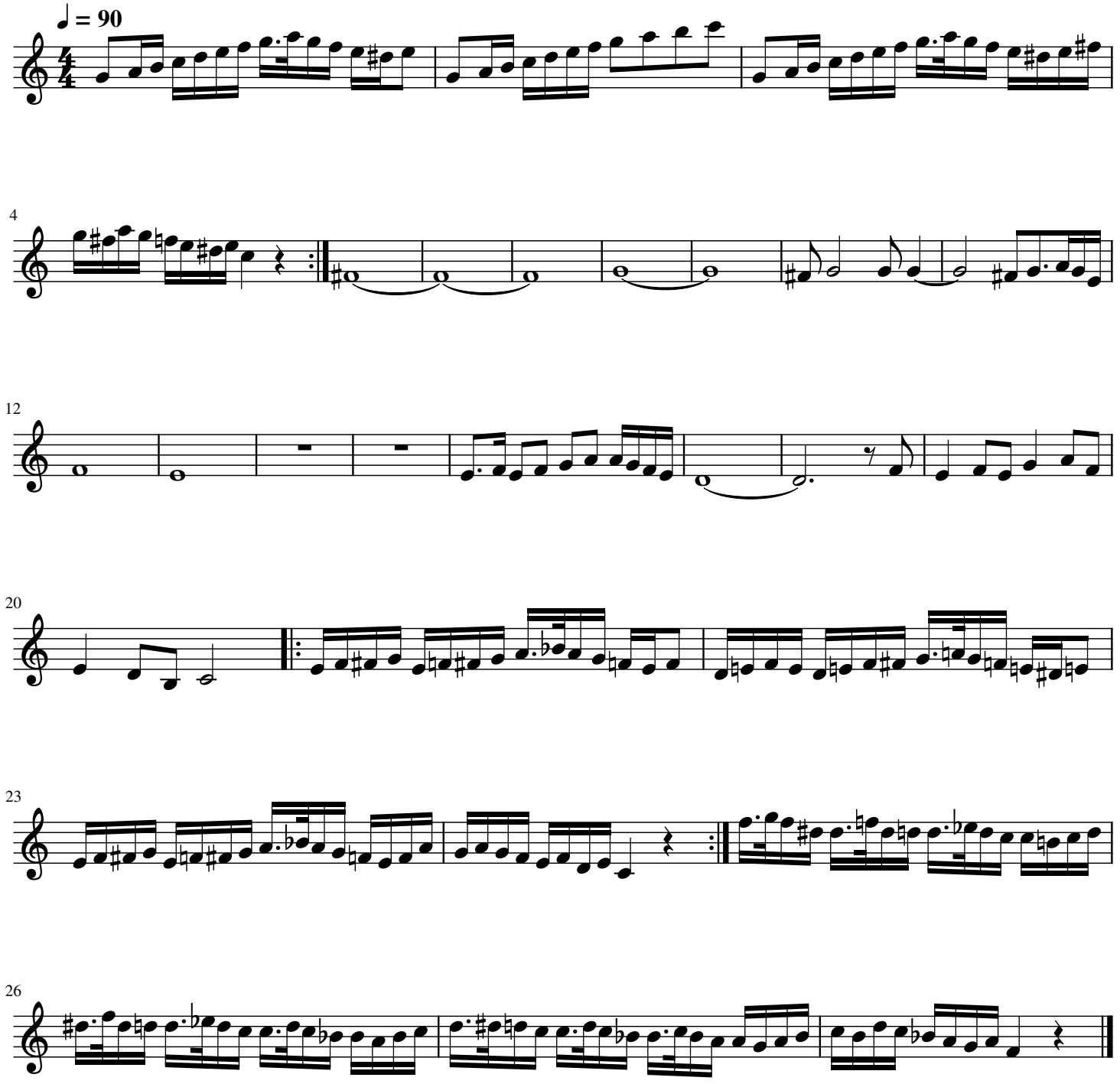Mpalos Samos